

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Smeets Mirthe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/6 Lane : 2 Athlete: OTTO ALISA					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 02:00.09 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/6 Lane : 4 Athlete: PUTTEVILS STELLA					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/6 Lane : 7 Athlete: BOGAERTS JONAS					Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): 01:46.79 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/6 Lane : 8 Athlete: DAEMEN LIONEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 14:02
Heat: 2/6 Lane : 8 Athlete: EL MASSAOUDI ADAM					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 14:04
Heat: 3/6 Lane : 2 Athlete: BROUWERS MATHIEU					Q-time: 01:41:59
PB (25m pool): 01:41.59 Beringen 08/02/2026 PB (50m pool): 01:38.50 SB: 01:41.59 Beringen 08/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.12		01:41.59	
	00:44.12		00:57.47		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 14:04
Heat: 3/6 Lane : 8 Athlete: TORDEUR ROMI					Q-time: 01:46:81
PB (25m pool): 01:46.81 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:45.41 SB: 01:46.81 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.94		01:46.81	
	00:48.94		00:57.87		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:4, starttime: 14:08
Heat: 4/6 Lane : 7 Athlete: CASTRONOVO VINZ					Q-time: 01:33:19
PB (25m pool): 01:33.19 Beringen 08/02/2026					PB (50m pool): 01:44.65 SB: 01:33.19 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.80		01:33.19	
	00:43.80		00:49.39		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 14:10
Heat: 5/6 Lane : 1 Athlete: JAEKEN STAN					Q-time: 01:29:62
PB (25m pool): 01:29.80 Stedelijk Zwembad Geel 15/02/2026					PB (50m pool): 01:30.18 SB: 01:29.80 Stedelijk Zwembad Geel 15/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.85		01:29.80	
	00:43.85		00:45.95		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:5, starttime: 14:10
Heat: 5/6 Lane : 6 Athlete: ZGHIBAT HAARITH					Q-time: 01:28:00
PB (25m pool): 01:28.00 Beringen 08/02/2026					PB (50m pool): 01:24.62 SB: 01:28.00 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.50		01:28.00	
	00:40.50		00:47.50		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:6, starttime: 14:12
Heat: 6/6 Lane : 5 Athlete: LOPEZ Y LOPEZ LEÓN					Q-time: 01:18:94
PB (25m pool): 01:18.94 Bree 21/12/2025					PB (50m pool): 01:22.60 SB: 01:18.94 Bree 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.59		01:18.94	
	00:38.59		00:40.35		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:6, starttime: 14:12
Heat: 6/6 Lane : 6 Athlete: OLAERTS FLORIS					Q-time: 01:21:02
PB (25m pool): 01:21.02 Beringen 08/02/2026					PB (50m pool): 01:30.83 SB: 01:21.02 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.84		01:21.02	
		00:39.84		00:41.18	
					

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 14:14	
Heat: 1/7 Lane : 4 Athlete: DREESSEN LYANA							Q-time: 99:99:99	
PB (25m pool): 03:15.48 3500 Hasselt 20/10/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.07		01:34.87		02:25.46		03:15.48
	00:45.07		00:49.80		00:50.59		00:50.02	
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/7 Lane : 3 Athlete: CUYPERS MANON							Q-time: 99:99:99	
PB (25m pool): 03:09.81 Aarschot 28/04/2024							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:09.81
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/7 Lane : 8 Athlete: RATSITSKA IRINI							Q-time: 03:17:28	
PB (25m pool): 03:11.75 3500 Hasselt 24/11/2024				PB (50m pool): 03:18.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.54		01:31.72		02:22.80		03:11.75
	00:43.54		00:48.18		00:51.08		00:48.95	
								

Coach feedback:

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Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 14:34	
Heat: 5/7 Lane : 1 Athlete: VANHEES HANNAH							Q-time: 02:55:52	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 14:34	
Heat: 5/7 Lane : 6 Athlete: JANSSEN LAUREN							Q-time: 02:54:39	
PB (25m pool): 02:54.39 Aarschot 04/05/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.36		01:25.28		no time		02:54.39
	00:40.36		00:44.92					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 3 Athlete: ZANGARI AURORA							Q-time: 02:36:81	
PB (25m pool): 02:36.81 Aarschot 04/05/2025				PB (50m pool): 02:42.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.92		01:16.32		no time		02:36.81
	00:36.92		00:39.40					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 14:38	
Heat: 6/7 Lane : 6 Athlete: TORDEUR LUCIE							Q-time: 02:37:79	
PB (25m pool): 02:37.79 Hasselt 12/10/2025			PB (50m pool): 02:43.72SB: 02:37.79 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.28		01:16.96		01:57.57		02:37.79
	00:37.28		00:39.68		00:40.61		00:40.22	
								

Coach feedback:

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Event number: 12: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 14:44	
Heat: 1/6 Lane : 3 Athlete: VANDEBROUCK ARNO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 14:44	
Heat: 1/6 Lane : 7 Athlete: MWIRI SAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/6 Lane : 4 Athlete: KÄHLER MATHIAS							Q-time: 03:19:65	
PB (25m pool): 03:19.65 Hasselt 12/10/2025			PB (50m pool): 03:40.58SB: 03:19.65 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.73		01:37.02		02:28.66		03:19.65
	00:46.73		00:50.29		00:51.64		00:50.99	
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/6 Lane : 5 Athlete: CUYPERS MAXIME							Q-time: 03:20:40	
PB (25m pool): 03:20.40 Aarschot 04/05/2025			PB (50m pool): 03:38.75 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.44		01:38.60		no time		03:20.40
	00:47.44		00:51.16					
								

Coach feedback:

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Event number: 12: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 14:54	
Heat: 3/6 Lane : 8 Athlete: THOELEN SIMON							Q-time: 03:12:79	
PB (25m pool): 03:12.79 Aarschot 04/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.44		01:35.62		no time		03:12.79
	00:46.44		00:49.18					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 14:58	
Heat: 4/6 Lane : 6 Athlete: MIJSLINSKI JAYDEN							Q-time: 02:49:97	
PB (25m pool): no time			PB (50m pool): 02:49.97 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 14:58	
Heat: 4/6 Lane : 8 Athlete: VANRUSSELT RAFAËL							Q-time: 02:59:23	
PB (25m pool): 02:59.23 Hasselt 12/10/2025			PB (50m pool): no time SB: 02:59.23 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.75		01:29.27		02:15.22		02:59.23
	00:42.75		00:46.52		00:45.95		00:44.01	
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 6 Athlete: TORDEUR KILIAN							Q-time: 02:34:88	
PB (25m pool): 02:34.88 Hasselt 12/10/2025				PB (50m pool): 02:38.06SB: 02:34.88 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.69		01:15.44		01:55.41		02:34.88
	00:36.69		00:38.75		00:39.97		00:39.47	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:02	
Heat: 5/6 Lane : 8 Athlete: TORDEUR ILIAS							Q-time: 02:42:33	
PB (25m pool): 02:42.33 Leuven. 23/02/2025				PB (50m pool): 02:43.41 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.22		01:19.22		no time		02:42.33
	00:37.22		00:42.00					
								

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 15:10	
Heat: 1/6 Lane : 6 Athlete: BROUWERS MATHIEU							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:14	
Heat: 2/6 Lane : 1 Athlete: PUTTEVILS STELLA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9							Heat:2, starttime: 15:14	
Heat: 2/6 Lane : 2 Athlete: CASTRONOVO VINZ							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): 01:45.90 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:14
Heat: 2/6 Lane : 3 Athlete: DAEMEN LIONEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:14
Heat: 2/6 Lane : 6 Athlete: EL MASSAOUDI ADAM					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 15:14
Heat: 2/6 Lane : 7 Athlete: OTTO ALISA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:3, starttime: 15:16
Heat: 3/6 Lane : 3 Athlete: BOGAERTS JONAS					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:20
Heat: 4/6 Lane : 1 Athlete: TORDEUR ROMI					Q-time: 02:08:19
PB (25m pool): 02:08.19 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): no time SB: 02:08.19 Stedelijk Zwembad Geel 15/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.10		02:08.19	
	01:00.10		01:08.09		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 15:20
Heat: 4/6 Lane : 5 Athlete: JAEKEN STAN					Q-time: 01:47:76
PB (25m pool): 01:47.76 Bree 21/12/2025 PB (50m pool): 01:43.16 SB: 01:47.76 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:55.30		01:47.76	
	00:55.30		00:52.46		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 15:24
Heat: 5/6 Lane : 5 Athlete: OLAERTS FLORIS					Q-time: 01:39:16
PB (25m pool): 01:39.16 Bree 21/12/2025 PB (50m pool): 01:47.91 SB: 01:39.16 Bree 21/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.63		01:39.16	
	00:48.63		00:50.53		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:5, starttime: 15:24
Heat: 5/6 Lane : 7 Athlete: ZGHIBAT HAARITH					Q-time: 01:45:94
PB (25m pool): no time PB (50m pool): 01:43.08 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 13: 100M BACKSTROKE MIXED 10-9					Heat:6, starttime: 15:26
Heat: 6/6 Lane : 4 Athlete: LOPEZ Y LOPEZ LEÓN					Q-time: 01:25:26
PB (25m pool): 01:26.27 Bree 21/12/2025			PB (50m pool): 01:28.62 SB: 01:26.27 Bree 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.93		01:26.27	
	00:40.93		00:45.34		
					

Coach feedback:

Event number: 14: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 15:42	
Heat: 1/1 Lane : 5 Athlete: ZANGARI AURORA							Q-time: 02:46:94	
PB (25m pool): 02:39.09 Aarschot 28/04/2024				PB (50m pool): 02:46.94 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:39.09
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 15:46	
Heat: 1/2 Lane : 4 Athlete: THOELEN SIMON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 15:50	
Heat: 2/2 Lane : 2 Athlete: TORDEUR KILIAN							Q-time: 03:08:47	
PB (25m pool): 03:08.47 Aarschot 04/05/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.79		01:26.47		no time		03:08.47
	00:38.79		00:47.68					
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:54	
Heat: 1/9 Lane : 3 Athlete: LBALI ALISA-SARA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:54	
Heat: 1/9 Lane : 4 Athlete: TORDEUR LUCIE							Q-time: 99:99:99	
PB (25m pool): 04:58.50 Pelt 06/10/2024			PB (50m pool): 05:01.44SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:58.50
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:02	
Heat: 2/9 Lane : 3 Athlete: VANHAEN ALISSIA							Q-time: 07:13:92	
PB (25m pool): 07:13.92 Hasselt 12/10/2025			PB (50m pool): no time SB: 07:13.92 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		01:00.17		01:51.69		02:43.05		03:35.85
	01:00.17		00:51.52		00:51.36		00:52.80	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:30.08		05:24.36		06:18.24		07:13.92
	00:54.23		00:54.28		00:53.88		00:55.68	
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 5 Athlete: RATSITKA IRINI							Q-time: 05:53:44	
PB (25m pool): 05:53.44 Hasselt 12/10/2025			PB (50m pool): 06:21.36SB: 05:53.44 Hasselt 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.50		01:20.37		02:05.67		02:52.20
	00:37.50		00:42.87		00:45.30		00:46.53	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:38.37		04:24.51		05:09.80		05:53.44
	00:46.17		00:46.14		00:45.29		00:43.64	
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 6 Athlete: DREESSEN LYANA							Q-time: 05:57:92	
PB (25m pool): 05:57.92 Hasselt 12/10/2025				PB (50m pool): no time SB: 05:57.92 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.67		01:22.64		02:08.86		02:55.64
	00:38.67		00:43.97		00:46.22		00:46.78	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:42.19		04:29.84		05:14.96		05:57.92
	00:46.55		00:47.65		00:45.12		00:42.96	
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 16:30	
Heat: 6/9 Lane : 2 Athlete: CUYPERS MANON							Q-time: 05:30:32	
PB (25m pool): 05:28.68 De Sprink 22/12/2024				PB (50m pool): 05:42.16SB: 05:30.32 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:17.34		no time		02:41.56
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:28.68
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 16:36	
Heat: 7/9 Lane : 2 Athlete: VANHEES HANNAH							Q-time: 05:14:53	
PB (25m pool): 05:14.53 Bree 21/12/2025				PB (50m pool): 07:56.05SB: 05:14.53 Bree 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:12.89		no time		02:34.53
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:14.53
								

Coach feedback:

Event number: 16: 400M FREESTYLE WOMEN 11+							Heat:9, starttime: 16:48	
Heat: 9/9 Lane : 8 Athlete: JANSSEN LAUREN							Q-time: 04:53:09	
PB (25m pool): 04:53.09 Hasselt 12/10/2025				PB (50m pool): 04:58.52SB: 04:53.09 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.58		01:09.42		01:47.03		02:24.41
	00:32.58		00:36.84		00:37.61		00:37.38	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.29		03:40.15		04:17.78		04:53.09
	00:37.88		00:37.86		00:37.63		00:35.31	
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:1, starttime: 16:54	
Heat: 1/7 Lane : 4 Athlete: VANDEBROUCK ARNO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 17: 200M MEDLEY MEN 11+							Heat:2, starttime: 16:58	
Heat: 2/7 Lane : 8 Athlete: MWIRI SAM							Q-time: 03:50:72	
PB (25m pool): no time			PB (50m pool): 03:50.72SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:02	
Heat: 3/7 Lane : 2 Athlete: CUYPERS MAXIME							Q-time: 03:10:20	
PB (25m pool): 03:10.20 Aarschot 04/05/2025			PB (50m pool): 03:03.20 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.34		no time		no time		03:10.20
	00:42.34							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:02	
Heat: 3/7 Lane : 4 Athlete: VANRUSSELT RAFAËL							Q-time: 03:03:04	
PB (25m pool): 03:05.43 Zaventem 21/06/2025			PB (50m pool): 03:12.06SB: 03:06.74 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:05.43
	no time							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:02	
Heat: 3/7 Lane : 6 Athlete: KÄHLER MATHIAS							Q-time: 03:07:57	
PB (25m pool): 03:14.20 Arendonk 30/11/2025			PB (50m pool): 03:15.89 SB: 03:14.20 Arendonk 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.71		no time		no time		03:14.20
	00:46.71							
								

Coach feedback:

VBCSM 2 6: Session: 2: COACH evaluation sheet for TEAM: GZVN

Event number: 17: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:02	
Heat: 3/7 Lane : 7 Athlete: ILGAZ EMRE							Q-time: 03:13:90	
PB (25m pool): 03:13.90 Lommel 22/02/2026				PB (50m pool): 03:21.21SB: 03:13.90 Lommel 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.61		no time		no time		03:13.90
	00:43.61							
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:5, starttime: 17:10	
Heat: 5/7 Lane : 4 Athlete: TORDEUR ILIAS							Q-time: 02:41:19	
PB (25m pool): 02:41.19 Hasselt 12/10/2025				PB (50m pool): 02:49.87 SB: 02:41.19 Hasselt 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.30		01:13.89		02:04.51		02:41.19
	00:34.30		00:39.59		00:50.62		00:36.68	
								

Coach feedback:

Event number: 17: 200M MEDLEY MEN 11+							Heat:6, starttime: 17:14	
Heat: 6/7 Lane : 2 Athlete: MIJSLINSKI JAYDEN							Q-time: 02:35:80	
PB (25m pool): 02:35.80 Pelt 05/10/2025				PB (50m pool): 02:38.29 SB: 02:35.80 Pelt 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.70		no time		no time		02:35.80
	00:32.70							
								

Coach feedback: